

ICEBREAKERS

Using icebreakers is an essential small group skill. They should begin with light and informational questions then move to deeper and more personal levels as the group progresses together. If used well, they can move the group to experience greater community!

LEVEL 1 INFORMATION: <i>What you know.</i>	LEVEL 2 OPINIONS: <i>What you think.</i>	LEVEL 3 FEELING: <i>Who you are.</i>
<ul style="list-style-type: none"> ▫ What is your favorite movie and why? ▫ What is your favorite city? Why? ▫ What day of your life would you most like to relive? Why? ▫ What does your name mean? Why were you named that? ▫ If your house were on fire, what three items (not people) would you try to save? ▫ What was the best gift you ever received as a child? ▫ If you suddenly lost your eyesight, what would be the thing you missed seeing the most? ▫ What was your first job? What do you remember most about it? ▫ Tell the group briefly a story from your wedding day. ▫ If you could go to college (again), what would you study? ▫ You have been given a year sabbatical from work. What would you do? ▫ What has been one of the greatest adventures you have ever been on? 	<ul style="list-style-type: none"> ▫ Who is one of your heroes and why? ▫ Who is your number one advisor in life and why? ▫ My favorite way to spend time is _____. ▫ Just for the fun/thrill of it, before I die I'd like to _____. ▫ I was (or would have been voted "Most likely to" _____ in high school. ▫ I wish before I got married someone had told me _____. ▫ If you were going to leave the world one piece of advice before you died, what would you say? ▫ Who was one of the most interesting people you or your family ever entertained? ▫ Who was the best boss you ever had? What made him or her so good? ▫ People might be surprised to find out that I _____. ▫ Describe a grade school teacher that made a big impression on you (for good or ill). ▫ Each person in the group answer for the person on their right: "_____, I am so glad God made you because _____." 	<ul style="list-style-type: none"> ▫ What is your biggest fear about death? ▫ What do you miss most about childhood? ▫ I am most like my mom/dad in that I _____. ▫ One of my biggest pet peeves is _____. ▫ When you were a child, what did you want to be when you grew up? Are there any surprises? ▫ For what do you want to be remembered? ▫ An emotion I often feel but don't usually express is _____. ▫ Where do you go or what do you do when life gets too heavy for you? Why? ▫ In what area of your life would you like to have greater peace? Why? ▫ What is one of your biggest fears about the future? ▫ When you were a child, what was your favorite time of day and why? ▫ In general, I worry too much about _____.